



School Board of Seminole County, Florida

Elementary and Middle School Physical Education  
Annual Waiver Form

\_\_\_\_\_ I hereby waive grade level physical education requirements for my child this school year and verify that my son/daughter is participating in physical activities outside of the school day that are equal to or in excess of the mandated requirement (150 minutes per week for grades K-5 or one class period per day for one semester each year for grades 6-8). Students who waive the physical education requirement will be enrolled in an enrichment or elective course offered by the school.

**OR**

\_\_\_\_\_ I hereby waive grade level physical education requirements for my child this school year by requesting that they be enrolled in another course from one of the courses offered by the school.

I also understand that this waiver must be renewed each year that I wish to waive these requirements.

\_\_\_\_\_  
Name of Student

\_\_\_\_\_  
Grade

\_\_\_\_\_  
Name of Parent or Guardian – print

\_\_\_\_\_  
School

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date

\* Please note: This waiver will remain in effect for one school year.